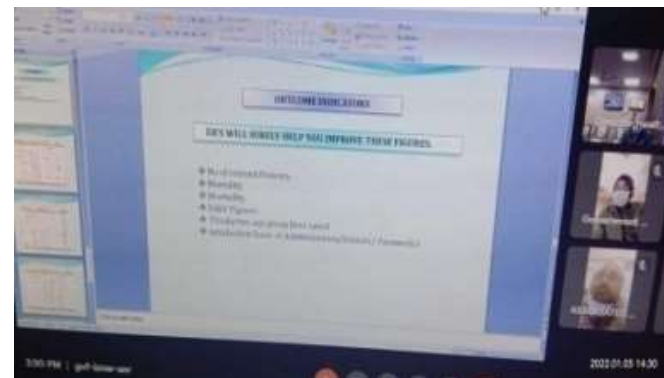
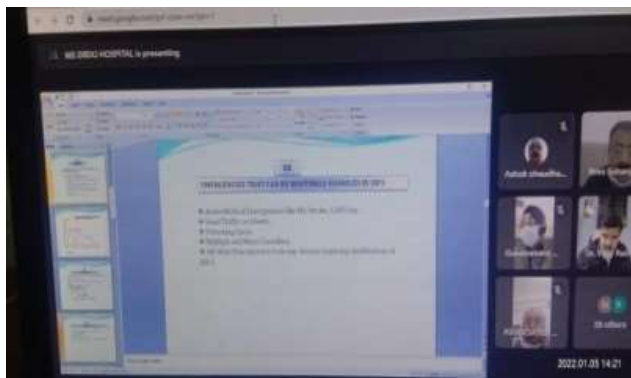


“SAVE LIFE JAMMU”

Directorate of Health Services Jammu is committed to deliver best healthcare services in Jammu Division. A comprehensive life care project named **“SAVE LIFE JAMMU”** was initiated with the vision to improve the chances of survival by stabilizing the patient through timely intervention and optimal care.

A hospital without an Emergency Room is not a proper health care delivery unit, so a focussed approach to establish Emergency Rooms in all District Hospitals, Sub District Hospitals and PHCs was initiated by Director Health Services Jammu Dr. Saleem-ur- Rehman using his past experience in the capacity of DG/ Director Health Services Kashmir.

To accomplish this project, two sessions of virtual trainings were organized for doctors of Jammu division by Consultant Anaesthetist Dr. Rashid Parra presently MS DRDO Covid Hospital Srinagar & Consultant Physician Dr. Nasir Shamas, JLNM Hospital Srinagar, Pioneers of **“Save Heart Initiative”** in Kashmir division. The objective behind these trainings was to establish Model type of ERs having latest machinery and equipments, basic life saving drugs and skilled human resource.



Virtual training on setting up of Emergency Rooms

- Emergency Resuscitation Rooms shall enable to tackle all Medical/ Surgical emergencies including road traffic accidents, cardiac arrest, poisoning, snake bite cases etc by making optimal use of the Golden hour.
- Initially 46 places including DH, SDH and select PHCs were identified to create Emergency Rooms vide DHS office letter No:DHSJ/Gen./16411-24, dated: 29-01-2022.
- 44 Emergency Rooms have been established till 16-03-2022.
- 1st ER was set up within two days at Govt. Hospital Sarwal Jammu on 31-01-2022
- Remaining 43 ERs were established within a period of 45 days.
- In 2nd phase, 8 ER Rooms have been created, the results of which have begun showing on the ground with number of precious lives saved.

Emergency Resuscitation Rooms

DISTRICT- DODA



SDH Bholderwah



AH Thathri



CHC Gandoh

DISTRICT- KISHTWAR



DH Kishtwar



PHC Chatroo

DISTRICT- JAMMU



Govt. Hospital Gandhi Nagar



SDH Jagti



Govt. Hospital Sarwal



Rajiv Gandhi Hospital Gangyal



SDH Sohanjana



SDH Kot Bhalwal



CHC Khour



SDH R S Pura



SDH Bishnah



SDH Akhnoor



AH Chowkichoura

DISTRICT-RAJOURI



CHC Darhal



CHC Nowshera



CHC Kalakote



CHC Sunderbani



PHC Manjakote

DISTRICT- UDHAMPUR



DH Udhampur



CHC Chennani



CHC Ramnagar

DISTRICT- SAMBA



DH Samba



EH Vijaypur



AH Gaghwal



CHC Ramgarh

DISTRICT- KATHUA



CHC Hiranagar



CHC Nagri Parole



CHC Basholi



CHC Billawar



CHC Bani

DISTRICT- RAMBAN



DH Ramban



CHC Batote



CHC Banihal



CHC Gool

DISTRICT- POONCH



DH Poonch



CHC Mendhar



CHC Surankote



CHC Mandi

DISTRICT- REASI



DH Reasi



CHC Mahore



CHC Katra



CHC Marwah, district Kishtwar



SDH Paddar, district Kishtwar



PHC Dansal, district Jammu



PHC Pouni, district Reasi



PHC Latti, district Udhampur



PHC Tikri, district Udhampur



PHC Majalta, district Udhampur



CHC Kandi, district Rajouri

WhatsApp group viz “Save Life Jammu” was also created on 19th January 2022 to showcase the work and performance of the newly upgraded Emergency Rooms for skill up-gradation and motivation.

Our Medical teams, Specialists/ Medical Officers are constantly connected through the WhatsApp group to seek advice and strategies for managing the emergencies in far flung areas with the available expertise and resources.

Save Life Jammu is catering to 30-35 emergencies on a daily basis with main stress to reach out to more areas of Jammu Division.

Since establishment of these Emergency Resuscitation (ER) Rooms on 28th January 2022 We have successfully handled more than 16434 emergencies till December 2022 and more than 23973 emergencies from January 2023 to December 2023 and saved almost all salvageable patients increasing the post –MI survival rates across Jammu Division.

In addition to using Streptokinase in Thrombolytic therapy for the management of STEMI, Directorate of Health Services, Jammu has procured newer, highly efficient Inj. Tenecteplase which is associated with much greater survival rate. Also it is given rapidly as IV bolus with almost nil chances of Hypersensitivity reactions. It has been made available in ERs to aid our Emergency Medical Teams in our endeavor to save precious lives. This drug will not only decrease the mortality rate drastically but also act as a boon to the STEMI patients across Jammu Division. Around 366 patients were Thrombolysed till December 2022 and 484 patients were Thrombolysed from January 2023 to December 2023.

Simulation based trainings are being imparted to medical and paramedical personnel in Jammu Skill & Simulation Centre (JSSC) to enable our work force to handle emergencies on day to day basis in these ER Rooms.

The initiative "Save Life Jammu" started one year back by Directorate of Health Services Jammu on 23rd January 2022 with the objective to increase the chances of survival by stabilizing the patient through timely intervention and optimal care in Golden hour in the Emergency Resuscitation Rooms. Besides treating patients in Emergency Rooms, skill development trainings of health employees, staff from other departments and volunteers are being conducted on regular basis at Jammu Skill & Simulation Centre Nagrota by Master Trainers. These trainings aim to strengthen the skills of the trainees while handling emergency as first responder at their work place. JSSC is fully accredited State-of-the-Art Medical training facility that incorporates Simulation based education, highlighting the commitment of the institution in providing cutting edge technology in the field of healthcare. The Skill & Simulation Centre is committed to supporting and participating in offering quality education to individuals and assisting in their preparation to be effective and compassionate healthcare providers in accordance with standards established Nationally.



Training of Police Personnel.



Training of Traffic Police Personnel.



Training of newly appointed Medical Officers.



Training of FMPHW (Jammu Division)



Training of Students of GNM and BSc Nursing of BEE ENN Nursing Institute, Jammu .



23rd January 2023 was observed as "Save Life Jammu" Day by Health Institutions of Jammu Division to mark operationalization of the initiative taken by Directorate of Health Services Jammu that helped in saving precious lives during this one year. More than 451 thrombolysis have been performed in these ER Rooms from January 2023 to December 2023.



JSSC

The new initiative by DHS of setting of ER rooms in all districts is showing results and many lives have been saved in Jammu Division. ERs have received a further boost with operationalization of JSSC that is equipped with State of the Art, Hi Tech, Hi Fidelity computerised simulators and most advanced mannequins. The centre is imparting Hands on training /orientation programmes to in service health care workers, Police personnels, staff from private nursing homes of Jammu Division to enhance their skills and competencies in effectively dealing with emergencies in ERs with a prime aim to strengthen the skills while handling emergency as first responder at their work place, CPR and Air-way management techniques on App based mannequins with a prime objective to learn how to save life of the victims during emergency.

Doctors and Para Medical staff of Ankur Maitrika Hospital Jammu in presence of Dr Ajay Wakhloo, Director, Ankur Maitrika Hospital Jammu and Mr Ramesh Razdan, Head, Admin & Marketing on 15th,16thand 27th January 2024 in 3 batches



1st batch



2nd batch



3rd batch

BLS training of Police personals of Ramban District in 4 batches organized from 30th January to 2nd February 2024



1st batch



2nd batch



3rd batch



4th batch

One day BLS training in 3 batches for staff working in the office of DHSJ organized by RIHFW & JSSC in the conference Hall of Directorate of Health Services Jammu. The training was inaugurated by Director Health Services Jammu Dr. Rakesh Magotra on 9.2.24.



1st batch



2nd batch



3rd batch

Orientation training of Basic Health worker of Jammu Division in 2 batches organized on 23rd and 24th January 2024 under Basic Life Support (BLS) at Jammu Skill & Simulation Centre (JSSC)



1st batch



2nd batch



Orientation cum Basic Life Support (BLS) programme for Basic Health Workers of Jammu Division in 2 batches held on 26th to 27th March 2024 and 3rd and 4th April 2024 at JSSC.



1st batch



2nd batch

CME on Basic Life Support held at DH Samba. Doctors, paramedical staff, students participated.



First Aid / BLS training of Fire & Emergency Services personals of Jammu Division, as first Responder in 5 batches on 6th & 7th May 2024 , 20th and 21st May 2024, 24th and 25th May 2024, 27th and 28th May and 29th and 30th May 2024 with a prime aim to strengthen the skills of the Fire Services personals.



1st batch

2nd batch



3rd batch

4th batch

5th batch

First Aid / BLS training for the staff of Central University Jammu has been organized on 19th & 20th June 2024 in the ISRO complex at Central University Jammu

