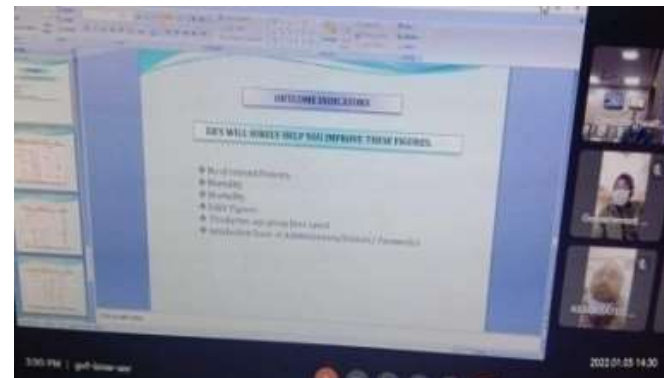
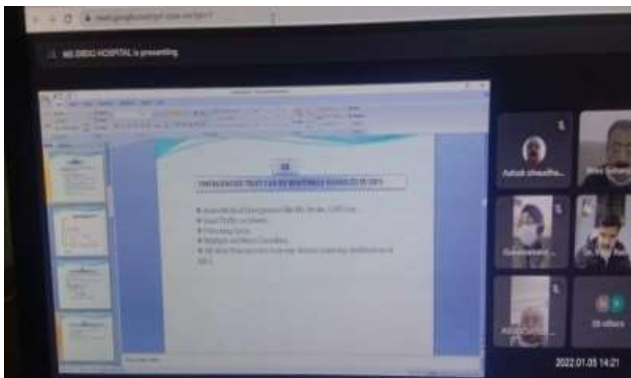


# “SAVE LIFE JAMMU”

Directorate of Health Services Jammu is committed to deliver best healthcare services in Jammu Division. A comprehensive life care project named **“SAVE LIFE JAMMU”** was initiated with the vision to improve the chances of survival by stabilizing the patient through timely intervention and optimal care.

A hospital without an Emergency Room is not a proper health care delivery unit, so a focussed approach to establish Emergency Rooms in all District Hospitals, Sub District Hospitals and PHCs was initiated by Director Health Services Jammu Dr. Saleem-ur- Rehman using his past experience in the capacity of DG/ Director Health Services Kashmir.

To accomplish this project, two sessions of virtual trainings were organized for doctors of Jammu division by Consultant Anaesthetist Dr. Rashid Parra presently MS DRDO Covid Hospital Srinagar & Consultant Physician Dr. Nasir Shamas, JLNM Hospital Srinagar, Pioneers of **“Save Heart Initiative”** in Kashmir division. The objective behind these trainings was to establish Model type of ERs having latest machinery and equipments, basic life saving drugs and skilled human resource.



Virtual training on setting up of Emergency Rooms

- Emergency Resuscitation Rooms shall enable to tackle all Medical/ Surgical emergencies including road traffic accidents, cardiac arrest, poisoning, snake bite cases etc by making optimal use of the Golden hour.
- Initially 46 places including DH, SDH and select PHCs were identified to create Emergency Rooms vide DHS office letter No:DHSJ/Gen./16411-24, dated: 29-01-2022.
- 44 Emergency Rooms have been established till 16-03-2022.
- 1<sup>st</sup> ER was set up within two days at Govt. Hospital Sarwal Jammu on 31-01-2022
- Remaining 43 ERs were established within a period of 45 days.
- In 2<sup>nd</sup> phase, 8 ER Rooms have been created, the results of which have begun showing on the ground with number of precious lives saved.

## Emergency Resuscitation Rooms

### DISTRICT- DODA



SDH Bholderwah



AH Thathri



CHC Gandoh

### DISTRICT- KISHTWAR



DH Kishtwar



PHC Chatroo

## DISTRICT- JAMMU



Govt. Hospital Gandhi Nagar



SDH Jagti



Govt. Hospital Sarwal



Rajiv Gandhi Hospital Gangyal



SDH Sohanjana



SDH Kot Bhalwal



CHC Khour



SDH R S Pura



SDH Bishnah



SDH Akhnour



AH Chowkichoura

## DISTRICT-RAJOURI



CHC Darhal



CHC Nowshera



CHC Kalakote



CHC Sunderbani



PHC Manjakote

## DISTRICT- UDHAMPUR



DH Udhampur



CHC Chennani



CHC Ramnagar



## DISTRICT- SAMBA



DH Samba



EH Vijaypur



AH Gaghwal



CHC Ramgarh

## DISTRICT- KATHUA



CHC Hiranagar



CHC Nagri Parole



CHC Basholi



CHC Billawar



CHC Bani

## DISTRICT- RAMBAN



DH Ramban



CHC Batote



CHC Banihal



CHC Gool

## DISTRICT- POONCH



DH Poonch



CHC Mendhar



CHC Surankote



CHC Mandi

## DISTRICT- REASI



DH Reasi



CHC Mahore



CHC Katra



**CHC Marwah, district Kishtwar**



**SDH Paddar, district Kishtwar**



**PHC Dansal, district Jammu**



**PHC Pouni, district Reasi**



**PHC Latti, district Udhampur**



**PHC Tikri, district Udhampur**



**PHC Majalta, district Udhampur**



**CHC Kandi, district Rajouri**



**WhatsApp group viz “Save Life Jammu” was also created on 19<sup>th</sup> January 2022 to showcase the work and performance of the newly upgraded Emergency Rooms for skill up-gradation and motivation.**

**Our Medical teams, Specialists/ Medical Officers are constantly connected through the WhatsApp group to seek advice and strategies for managing the emergencies in far flung areas with the available expertise and resources.**

**Save Life Jammu is catering to 30-35 emergencies on a daily basis with main stress to reach out to more areas of Jammu Division.**

**Since establishment of these Emergency Resuscitation (ER) Rooms on 28<sup>th</sup> January 2022 We have successfully handled more than 16434 emergencies till December 2022 and saved almost all salvageable patients increasing the post –MI survival rates across Jammu Division.**

**In addition to using Streptokinase in Thrombolytic therapy for the management of STEMI, Directorate of Health Services, Jammu has procured newer, highly efficient Inj. Tenecteplase which is associated with much greater survival rate. Also it is given rapidly as IV bolus with almost nil chances of Hypersensitivity reactions. It has been made available in ERs to aid our Emergency Medical Teams in our endeavor to save precious lives. This drug will not only decrease the mortality rate drastically but also act as a boon to the STEMI patients across Jammu Division.**

**Simulation based trainings are being imparted to medical and paramedical personnel in Jammu Skill & Simulation Centre (JSSC) to enable our work force to handle emergencies on day to day basis in these ER Rooms.**



The initiative "Save Life Jammu" started one year back by Directorate of Health Services Jammu on 23<sup>rd</sup> January 2022 with the objective to increase the chances of survival by stabilizing the patient through timely intervention and optimal care in Golden hour in the Emergency Resuscitation Rooms. Besides treating patients in Emergency Rooms, skill development trainings of health employees, staff from other departments and volunteers are being conducted on regular basis at Jammu Skill & Simulation Centre Nagrota by Master Trainers. These trainings aim to strengthen the skills of the trainees while handling emergency as first responder at their work place. JSSC is fully accredited State-of-the-Art Medical training facility that incorporates Simulation based education, highlighting the commitment of the institution in providing cutting edge technology in the field of healthcare. The Skill & Simulation Centre is committed to supporting and participating in offering quality education to individuals and assisting in their preparation to be effective and compassionate healthcare providers in accordance with standards established Nationally.



Training of Police Personnels.



Training of Traffic Police Personnels.



Training of newly appointed Medical Officers.



Training of FMPHW (Jammu Division)



Training of Students of GNM and BSc Nursing of BEE ENN Nursing Institute, Jammu .



**23<sup>rd</sup> January 2023** was observed as "Save Life Jammu" Day by Health Institutions of Jammu Division to mark operationalization of the initiative taken by Directorate of Health Services Jammu that helped in saving precious lives during this one year. More than 451 thrombolysis have been performed in these ER Rooms from January 2023 till date.

