

# National Tuberculosis Elimination Programme (NTEP)

## END TB BY 2025- THE CLOCK IS TICKING

### 👉 TB Symptoms

- Cough more than 2 weeks
- Fever more than 2 weeks
- Weight Loss
- Blood in Sputum

### 👉 Facilities available Free of cost

#### For Diagnosis:

- Sputum Examination
- Chest X-Ray
- CBNAAT Test
- TRUENAAT Test

#### For Treatment:

- Medicine of high quality for TB treatment for 6-8/ 9-11/ 24-27 months

### 👉 TB / HIV and Comorbidities

- TB and HIV Disease combination is fatal.  
All TB patients to undergo HIV testing and vice versa.
- TB patients with Diabetes and Tobacco use can enhance the mortality. So in order to prevent it, Blood Sugar testing should be done and the use of Tobacco should be stopped.

## Pediatric TB

### Risk factors for children to have TB

- Children living in the same household with Pulmonary TB patient
- Children living with HIV
- Children with Malnutrition
- Children living in poor living condition and badly ventilated houses

### 👉 Incentives under the scheme:

#### • To TB Patient

- Rs. 500/- per month for patient during period of treatment for **Nutritional Support** under Nikshay Poshan Yojna (NPY)
- ❖ Submit the details to your treatment Supervisor to get this benefit through Direct Beneficiary Transfer (DBT)
- ❖ Withdraw the money from the bank ATM and use it to supplement your diet

#### • To Informant for notification

- Rs. 500/- for referral of presumptive TB patients to public health facility and diagnosis as TB

#### • To Treatment Supporter

**Honorarium to treatment supporter to be disbursed upon completion or cure of TB patients as below:**

- Rs.1000/- for Drug Susceptibility TB patients
- Rs.5000/- for Drug Resistant TB patients (including shorter regimen, **MDR** and **XDR** TB patients or as per latest program guidelines)

**MDR:** Multidrug Resistant Tuberculosis

**XDR:** Extensively Drug Resistant Tuberculosis

**For more information, Contact your District Tuberculosis Officer (DTO) or Call the Helpline for TB at **1800-11-6666****

<b>DTO Jammu</b>	<b>9419143831</b>
<b>DTO Kathua</b>	<b>9419115917</b>
<b>DTO Kishtwar</b>	<b>9419128424</b>
<b>DTO Poonch</b>	<b>9469071335</b>
<b>DTO Rajouri</b>	<b>9419148137</b>
<b>DTO Udhampur</b>	<b>9419134797</b>