

National Iodine Deficiency Disorders Control Programme (NIDDCP)

Introduction:

- “Iodine Deficiency Disorders” (IDD) is an important public health problem of world today.
- Most of the disorders of Nutritional Iodine Deficiency, except certain types of Goiter, are irreversible and permanent in nature.
- NIDDCP is being implemented in order to Prevent, Control and Eliminate these disorders.

Prevalence:

- Overall prevalence is more than 10% in India.

Objective

- ◆ To reduce the prevalence of Iodine deficiency disorders

This is being done by the following methods:

- ☞ **By spreading awareness** regarding consumption of iodized salt.
- ☞ **By collecting the salt samples** from the community and testing the Iodine Content present in them.
- ☞ **By conducting IDD surveys** in different Districts of J&K to assess the magnitude of Iodine Deficiency Disorders.